

ILA-USMX JOINT SAFETY COMMITTEE

OSH Circular 2025-03 (04 March 2025)

Working In Winter Weather



As the Winter months progress, it's appropriate to consider the means and manner in which workers operating within the marine cargo handing industry can become better prepared for the type of outdoor work they perform in those colder environments.

To that end, the Occupational Safety & Health Administration (OSHA) has published a webpage which provides important information and subject-accurate recommendations that workers and managers can utilize on a day-to-day basis. We provide a link to that webpage here:

https://www.osha.gov/winter-weather/preparedness

While the fullness of the webpage offers a fairly comprehensive discussion of cold weather preparedness, we can summarize the advice and recommendations provided by using the following bullet points:

- Workers should be trained in recognizing the symptoms of cold stress
- Engineering controls (such as approved portable heaters) are often useful
- The implementation of cold weather safe work practices should be considered
- Use layered clothing which provides adequate protective warmth

OSHA has also made available a two page **Quickcard**TM which provides additional information in relation to "*Protecting Workers from Cold Stress.*" Here's a link:

OSHA Publication 3156

Got an OSH-related question? Write to the JSC at: blueoceana@optonline.net

Working Together For The Benefit Of All

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